



Child Friendly  
Cities Summit  
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Creating resilient communities  
and preventing lifelong costs of  
violence and trauma in the lives  
of children


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Presentation by  
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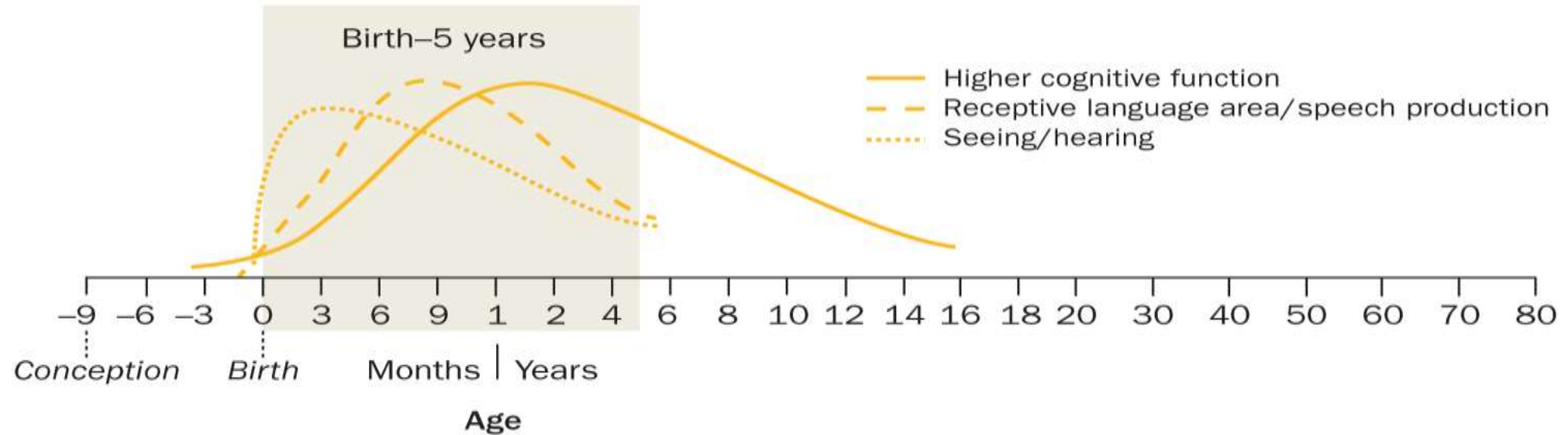


Creating Resilient  
Communities &  
Preventing The Lifelong  
Costs of Violence &  
Trauma in the Lives of  
Children



# A history of your brain – part I:

## Synapse formation in the brain



**Formation of cognitive and non-cognitive skills takes place mainly in the first 4 years.**



**LOVE – Attachment**  
**LEARNING – Stimulation**  
**PROTECTION – Safety**

## Abuse

- Physical abuse
- Emotional abuse
- Sexual abuse



## Dysfunctional family

- Alcohol addiction
- Drug addiction
- Depressed/suicidal
- Parental separation
- Incarcerated household member

## Neglect

- Physical neglect
- Emotional neglect



**Mental health  
problems**

**Violence**

**Crime**

**Obesity**

**Grooming**

**Disease**

**Addiction**

**Radicalization**





**10 times** more likely to become an alcoholic



**3 times** more likely to become a smoker



**2 times** more likely to be diagnosed with a heart disease or cancer



**49 times** more likely to attempt suicide



# Early Childhood Trauma Drives Violence, Crime & Addiction in Society

**Compared with people with no ACEs, those with 4+ ACEs are:**

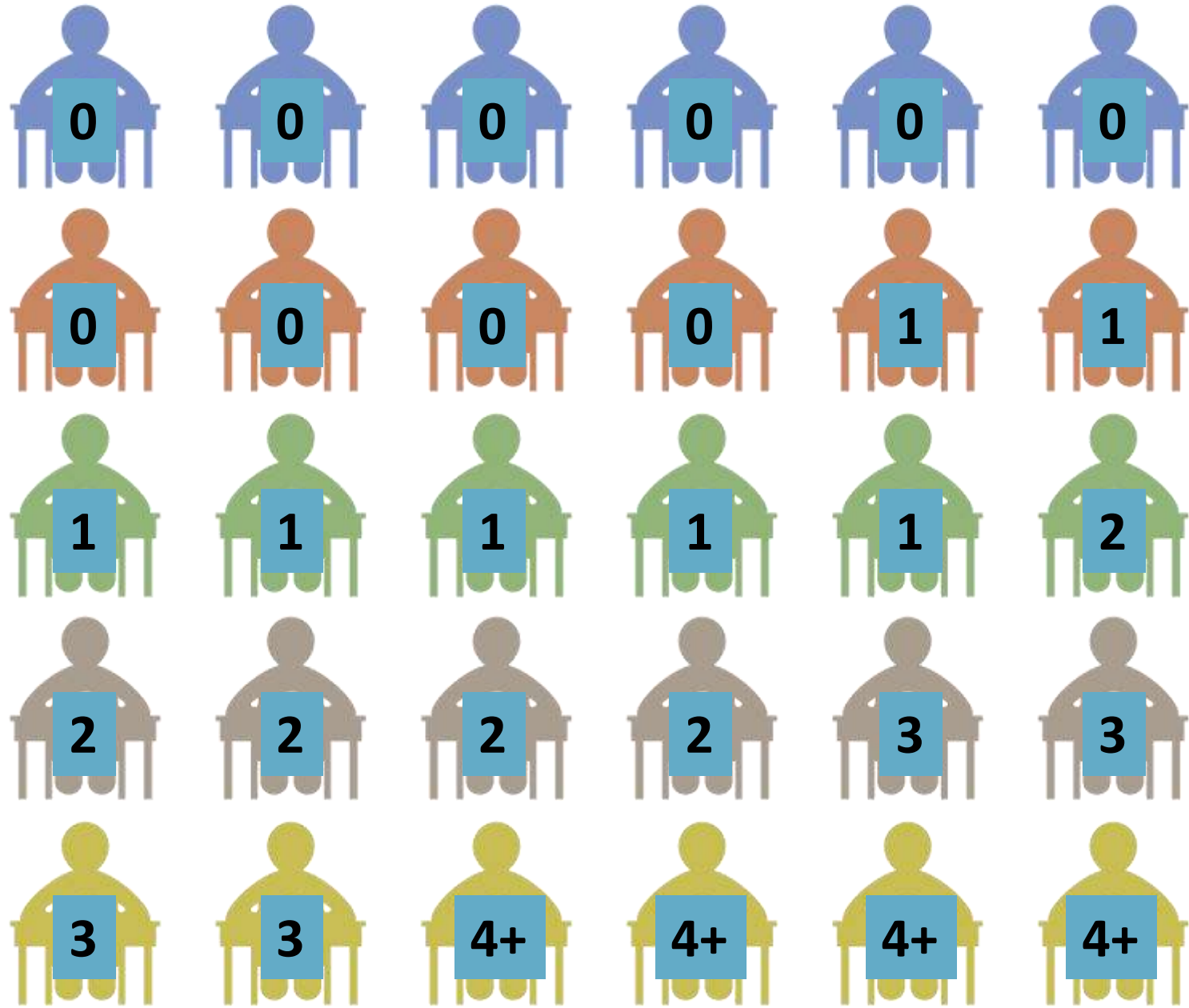
- 4 times more likely** to be a high-risk drinker
- 6 times more likely** to have had or caused unintended teenage pregnancy
- 6 times more likely** to smoke e-cigarettes or tobacco
- 6 times more likely** to have had sex under the age of 16 years
- 11 times more likely** to have smoked cannabis
- 14 times more likely** to have been a victim of violence over the last 12 months
- 15 times more likely** to have committed violence against another person in the last 12 months
- 16 times more likely** to have used crack cocaine or heroin
- 20 times more likely** to have been incarcerated at any point in their lifetime

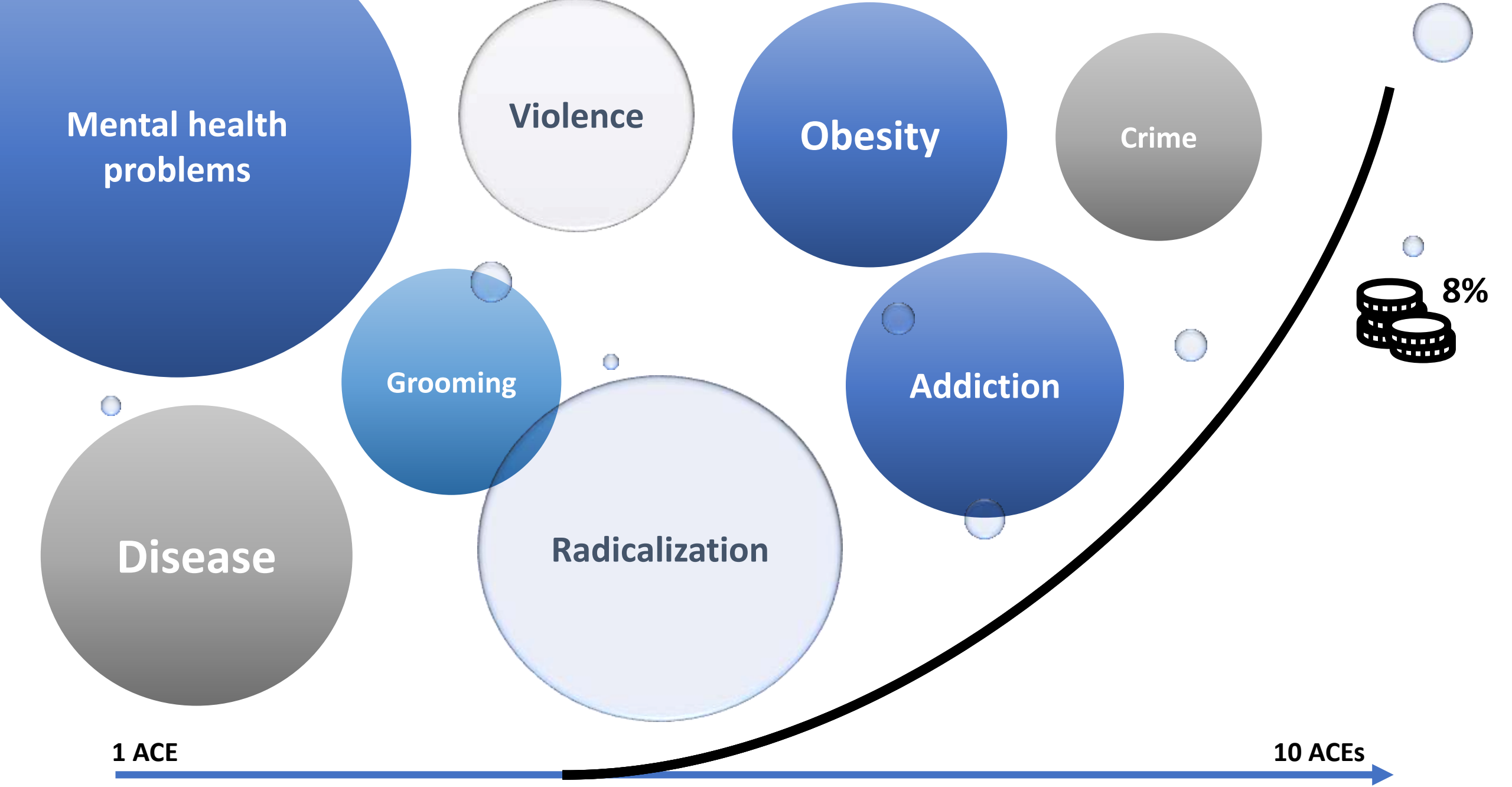


**1 ACE      50 – 80%**

**4 ACEs    10 - 20%**

**Child Protection Cases 0-3%**





**Mental health problems**

**Violence**

**Obesity**

**Crime**

**Disease**

**Grooming**

**Radicalization**

**Addiction**

**8%**

**1 ACE**

**10 ACEs**



# RELATIONSHIPS





**Every child needs a champion**



# 3 Strategic Interventions to Build Resilient Cities

